A message from our President:

As we look back upon 2019 in the current midst of the COVID-19 crisis, we realize how blessed Lutheran Child and Family Services (LCFS) is to have such a rich and faith-centered history of service and compassionate care to our community, made possible by the contributions of many dedicated donors, volunteers, and staff. The prudence and foresight of those that have gone before us have built a legacy that has endured many challenges in over a century of service; we are confident that LCFS will continue to grow, meet new challenges and, with the strength of our faith and convictions, succeed in these challenging times.

In 2019, with our key partners, Community Health Network (CHNw), and the LCFS Foundation, LCFS continued to build upon the efforts and successes of prior years. In this regard, LCFS continued to utilize the Lilly Endowment project funds received in late 2017 to improve our development practices and organizational operations. Extensive planning to enhance recruiting and retention efforts is underway with CHNw as well as with Indiana Wesleyan University, our new “education partner” for staff recruitment, training, and development. LCFS also continues to expand relationships with other community partners to help locate and prepare the best candidates possible to provide evidence-based, therapeutic services to the youth entrusted to our care. Once the emergent health crisis has abated, LCFS will move forward with this initiative, with the goal of implementing a pilot of the new training curriculum by the end of 2020.

Our collaboration with CHNw continues to be strong and has proven to provide an attractive operational advantage for both LCFS and CHNw. In 2019, residential programs, including Lutheranwood and Trinity House, received 548 referrals, keeping the residential program census at strong levels. Last year, LCFS also continued to build upon its relationship with Paramount Schools of Excellence (Paramount). In a collaboration with CHNw and Paramount, LCFS secured start-up grant funding from the United Way of Central Indiana’s Family Opportunity Fund to provide “2-Gen” services to families with children enrolled at Paramount. The new home-based INSPIRE (Identify Needs, Support Potential, Increase Resiliency & Empowerment) program focuses on meeting the needs of the whole family unit, as well as the individual family members, and addresses five critical areas: health and well-being, early childhood education, economic assets, post-secondary & employment pathways, and social capital.

Additionally, in late 2019, LCFS was notified of being awarded $9.2M in funding to develop a new Permanent Supportive Housing project for youth ages 18-24 experiencing homelessness, with a focus on individuals emerging from the child welfare system. In collaboration with TWG Development, TWG Property Management, the LCFS Foundation, and CHNw, LCFS is now focusing on construction of a new 30-unit apartment building and creating programming for this new “Housing First” project. The “Pando Aspen Grove of Community Heights” (Pando) Permanent Supportive Housing programming is currently planned to be initiated in 2021.

For the past year it has been my great privilege to serve as the LCFS Agency Board of Directors President. I am also humbled by, and the beneficiary of, following in the footsteps of Lew Beckwith, who served as Board president for many years. LCFS and I are certainly indebted to Lew for his compassionate, wise, and selfless leadership.

While the current health crisis and corresponding economic pressures present significant challenges, we are moving forward with faith and confidence that LCFS is ready to embrace these challenges and continue to provide the compassionate care and supportive services desperately needed by our community. Together, we can identify and implement creative solutions, and with the help of our partners, staff, volunteers, donors, and supporters, LCFS can achieve that which we never imagined possible.

Thomas J. Grau

2019 Annual Report
Residential Programs

LCFS has several residential programs operated in collaboration with Community Health Network:

**Lutherwood Residential Treatment Center** - Specializes in the care and treatment of abused, neglected, and abandoned children who exhibit chronic behavioral or emotional challenges.

**IMPACT** - a specialized unit within Lutherwood, IMPACT is a collaborative effort between Ascent 121, LCFS and Community Health Network to provide comprehensive care coordination and intensive therapeutic services for minors who are survivors of human trafficking.

**Emergency Shelter Care** - Provides an immediate safe haven for males and females ages 12-18, 24 hours a day, seven days a week.

**Trinity House Group Home** - An independent living group home designed to help young men, ages 14-21, learn the skills necessary to live as independent adults while working toward their high school diploma/GED, pursuing collegiate coursework, and/or planning for a career.

In addition, LCFS has the following programs and services that support our residential programs:

**Lutherwood Academy** - Partnered with Indianapolis Public Schools, LCFS provides a comprehensive on-site curriculum for grades K-12, including in-school behavior management and a full day educational schedule.

**Spiritual Engagement, Education, & Development (S.E.E.D.)** - Grounded in all our programs, S.E.E.D. is a healing network that promotes personal growth, renewed relationships and the development of spirit-filled lives.

Community-based Programs

LCFS has several community-based programs operated in collaboration with The Foundation for Lutheran Child and Family Services.

**The Sharing Place** - Community assistance program providing food and children’s clothes to youth and families in need.

**The Emergency Diaper Dispensary (TEDD)** - Diaper assistance program providing diapers to babies and families in need. By referral only.

**The Christmas Store** - LCFS operates this seasonal giving program to support struggling families by providing them with a selection of Christmas gifts for their children and Christmas dinner. By referral only.

In addition, LCFS offers the following community-based programs and services with other collaborators:

**Home-based Therapeutic Services** - In collaboration with Community Health Network, LCFS provides an array of services in client homes, including case management services, court ordered supervision, in home therapeutic treatment, pre- and post-adoption parenting counseling, family preservation, and crisis management services.

**INSPIRE Program** - LCFS’ newest program, operated in collaboration with Community Health Network and Paramount Schools of Excellence, INSPIRE helps families gain the skills and resources needed to achieve their personal and family goals for economic success.
2019 Financial Results

**Fundraising** $2,081,278 14.3%

**Investments/Other** $5,095,439 35.0%

**Program Service Fees** $7,372,963 50.7%

**Total** $14,549,680

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2019 Program Highlights

**Residential Programs**

Provided:

- 332 Residential clients with
  - 71,210 meals
  - 24,395 nights of shelter
  - 1,830 client transport trips
  - 1,240 recreation services/activities
  - 977 health screenings/services

Held:

- 45 chapel services

**Community-based programs**

Provided:

- 529,929 pounds of food to 11,313 families
  (51,262 people)
- 357 babies with diapers
- 115 children with school uniforms
- 194 families (948 people) with Christmas presents and dinners

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*Financial Results presented are the consolidated results of Lutheran Child and Family Services and The Foundation for LCFS*

LCFS is a member of Lutheran Services in America (LSA), Accredited by the Council on Accreditation (COA), and an accredited partner agency of the United Way of Central Indiana
Thank you for your support!

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A huge THANK YOU goes out to our Agency and Foundation Board Members, and the many dedicated volunteers and donors helping us serve our community!

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