



# LCFS Caregiver Support Series

## Senior Living Planning

*3-part virtual series that you won't want to miss*



**RSVP Today** via e-mail at [events@lutheranfamily.org](mailto:events@lutheranfamily.org)

*Part 1 - April 7, 2021  
Life Care Planning*

There are many moving parts to growing older, and it can be overwhelming for families to navigate this chapter of life alone. A Life Care Plan provides you and your family a personalized roadmap to navigate the medical, legal and financial challenges of growing older. Join Registered Nurse and Attorney, Carol Applegate, for an information session to explore the peace of mind a Life Care Plan brings to families and their loved ones

*Part 2 - April 14, 2021  
Continuum of Care and Downsizing*

The decision to downsize, where to live and how to plan for future needs can be an emotional and overwhelming step in the third chapter of life. While we know we need to make the decision, we often don't know where to begin. During this session, you will learn about:

- Planning for where to live based on age, health, safety, social and financial considerations
- Understanding the Continuum of Care
- Aging in Place vs. Continuing Care Retirement Communities

*Part 3 - April 21, 2021  
Advanced Directives, Asset Protection & Crisis Plans*

Do you know what legal documents you need to have in place for you and your loved ones? You should! Join Attorney Lisa Dillman of Applegate & Dillman Elder Law for a seminar exploring how you can plan for your family's future. Whether you are planning early with young children at home, planning for retirement, have health concerns requiring you to take action immediately (long-term care planning) or caregiving for someone that needs assistance, this seminar will help you plan and learn more about the documents you need to have in place.

**Cost per person:**  
No Charge!

**Date:**  
April 7, 2021  
April 14, 2021  
April 21, 2021

**Time:**  
11:00 a.m. - noon

**Location:**  
Virtual opportunity!



For more information contact us at [events@lutheranfamily.org](mailto:events@lutheranfamily.org)