

LUTHERWOOD

RESIDENTIAL CENTER

Lutherwood is a Psychiatric Residential Treatment Facility (PRTF) licensed to care for up to 77 youth age 6-21 who exhibit chronic behavior and/or emotional problems. Although external abuse and/or neglect can be contributing factors, many of our residents are struggling to recover from internal neurological, biological or psychiatric disorders.

Youth are assigned to secure or open units depending on each child's individual needs. All units provide 24-hour supervision. Youth assigned to open units do not present acute danger to themselves, others or the community. The primary focus of treatment on the open unit is to develop social and independent living skills.

Children placed in the secure units exhibit behaviors that place themselves, others, or the community at risk. They receive more intensive psychiatric supervision and therapy with the goal of increasing stability and then moving to a less restrictive environment as they progress through their treatment.

COMMUNITY-BASED PROGRAMS

ADOPTION SERVICES: As a licensed child-placing agency, Lutheran Child and Family Services facilitates not only the adoption of infants but also children with special needs. If a family wants to adopt a child from another state we can help with the adoption preparation, home studies or post placement services.

PARENTING: Lutheran Child and Family Services offers parenting classes to all parents interested in improving their parenting skills. Classes are tailored to meet individual needs, including those of court ordered participants and cover such topics as: discipline, stress management, child development, communication, bonding and nutrition.

MENTORING: Additionally, Lutheran Child and Family Services offers a mentoring program designed to help emotionally challenged youth prepare to live in the community again. Youth are paired with adults who encourage community involvement, share fun and safe activities, teach social skills and help the child to experience the community as a safe environment.

FOSTERCARE SERVICES: Since June 2000, LCFS has provided information, specialized parent training classes and family preparation home studies to individuals and couples interested in fostering or adopting a special needs child.

FAMILY PRESERVATION

Lutheran Child & Family Services offers home-based counseling, intensive family preservation and intensive family reunification services to children (infants to 18 years) and their families. Brief, flexible and intensive services are the core elements of the family preservation program. Crisis management services are available 24 hours per day, 7 days per week.

Families are referred by juvenile justice or child welfare when traditional outpatient services are unable to meet their needs. Goals of service include: stabilizing the immediate crisis, developing crisis and safety plans, developing a comprehensive care plan, assessing the strengths and prioritizing the needs of the family, counseling, teaching, practicing and monitoring pro-social skills. Assisting clients and advocating for families in meeting their basic needs and maintaining clients and families in their home communities to prevent more restrictive or out of home placements for the children.

THE SHARING PLACE

FOOD PANTRY & CLOTHING BANK

The Sharing Place is a material assistance program providing free food and clothing to children, individuals and families in need. Located on the east and west sides of Indianapolis, the Sharing Place is staffed by volunteers recruited from the community and local congregations.

Food and clothing giveaway programs are made possible by donations from individuals, congregations, service organizations and local businesses. Cash gifts and proceeds from the two thrift stores are used to purchase additional food or clothing as needed, while food and commodities are also purchased at low cost from Gleaner's Food Bank.

Clients are eligible to receive free food every 30 days and clothing twice a year. Those who come to the Sharing Place repeatedly for assistance are encouraged to participate in the social triage program. During this process a trained volunteer conducts a needs assessment with the client and if necessary, directs them to other community resources that may help them achieve self-sufficiency and independence.

Sharing Place East, 7049 E. 10th Street, Indianapolis, IN 46219/ 317-353-0537
Sharing Place West, 3976 Georgetown Rd, Indianapolis, IN 46224/ 317-298-3180

TRINITY HOUSE



Trinity House is a group home designed to help young men ages 14-21 learn the skills necessary to live as independent adults. Located in a neighborhood near Lutherwood Residential Treatment Center & Education Academy, Trinity House accommodates up to 10 young men.

It offers a high level of structure in a family-style environment to support and guide residents as they enter the workforce and become independent for the first time. The program focuses on 6 key areas: accessing community resources, career planning/employment, daily living skills, education, housing/financial and self care.

LUTHERWOOD ACADEMY

EDUCATION PROGRAM

Lutherwood Academy collaborates closely with Indianapolis Public Schools and is comprised of eight on-grounds classrooms serving children in grades K-12. Staffed by special education teachers from **Indianapolis Public Schools and Lutherwood Academy**, the classrooms operate on a full day educational schedule aligned with State standards and IPS pacing grids. Courses focus on reading, math, language arts, science, social studies, art, consumer sciences, and general skill building. **High school students can earn up to 6 credit hours per semester.**

Some Lutherwood children attend classes at nearby public schools. Scholarships are available to attend Lutheran parochial elementary schools or Lutheran High School of Indianapolis.

Our unique on-grounds educational program serves students who have documented behavioral problems and are unable to function in a public school setting. The primary goal of the program is to prepare the student to return to public school.

MISSION STATEMENT

In response to God's love and grace in Jesus Christ, Lutheran Child & Family Services of Indiana/Kentucky serves human needs with the support of the church and community by providing programs of compassionate care and counsel to enhance dignity and quality of life.

VOLUNTEERS

Volunteers play a pivotal role in the development and treatment of the residents served by Lutheran Child and Family Services. Individuals and groups can serve in many different capacities, centered around our mission to serve human needs and provide compassionate care. To schedule a volunteer service project or for more information about volunteering, please contact Leslie McCotry, Volunteer Resource Coordinator (317)359-5467 ext.242 or email, volunteers@lutheranfamily.org.

SPIRITUAL GROWTH

The admission procedure includes a spirituality assessment of each child to facilitate continued spiritual growth and help connect residents with community resources of their faith. While on campus, children are invited to attend weekly Bible study and chapel services. Religious preferences are respected and youth may attend a local place of worship of their choice. A chaplain is available on campus for children and their families.

Join us in June 2008 to celebrate the opening of our new dormitories!



Lutheran Child & Family Services

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www.lutheranfamily.org

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Volunteer Coordinator
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Bill Pierce
Mentoring
317-353-6466 ext. 110

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Parenting Classes
317-353-6466 ext. 112

Sharing Place
East: 317-353-0537
West: 317-298-3180

Lutherwood Residential Treatment Center

Open and Secure Units • Short-term Stabilization
Psychiatric Residential Treatment Facility (PRTF)
Certified Teachers • Youth Mentoring • Independent Living/
GED Program • Group/Individual/Family Counseling

Community-Based Program Services

Special Needs Adoptions • Family Preservation/Reunification
Services • Trinity House • Foster Care • Parenting Education
The Sharing Place—Material Assistance Support Centers



Lutheran Child & Family Services

*Families and Children First
for 125 Years*



A ministry of

